Creating Peace - one by one, together in freedom

Everything is frequency. The universe is made from frequency, matter is formed by frequency. We radiate frequency. And we can choose which frequency to radiate.

The world around us will be affected by the frequency we radiate. Our state of mind, our state of emotions, our spiritual connection have a direct impact on the living beings we are in interaction with; and even more: they have a direct impact on the atmosphere we are creating around us. It has an impact on the moving of the energies, the flowing of the information and even has a subtle impact on the material world. Since even the so called dense, material world is made up of frequency, of void of possibilities.

So if you change your frequency to the highest spectrum possible – you can literally change the world. In the beginning, when you are alone, it might seem only a little impact that you have, by creating inside yourself a wonderful, peaceful, healing, joyful frequency of love. But even this has a great effect! And it can be multiplied, if we join, if we move together! If as hundreds or thousands together we meditate, pray, see, listen, enjoy – focused on LOVE AND PEACE – we will make it! We will literally create Peace.

So, wherever you are, join us at 6 pm CET. We'll be together for 10' minutes each day, meditating, praying, focussing on Peace for the whole world. And whilst you are doing it, you can remember, that you are not doing it alone! You don't need to do anything that seems too much for you. You just call upon the Divine Source of Creation or however you call that innert Source of Love that just is. And if you wish, you ask to be an instrument of Love. An instrument of Peace. You can choose whatever is your approach, be it visualization, prayer, awareness, heart meditation, Sacred Dance, Chanting or one of the many other ways of creating Peace inside. Whatever religion you follow or even if you don't follow any religion – You are welcome in our circle! May our circle embrace the whole world... Together we change the frequency of the world, day by day, to become more peaceful.

It just takes the togetherness and alignment of us. May as many individuals as possible join the prayer for Peace in their own unique way, in complete freedom, just following their own heart and their longing for peace. We will all feel beautifully at home in our Heart at this time of the day – at home in our togetherness in the frequency of Love and Peace.

We can call this impulse Light of Assisi, Luce di Assisi, because the impulse arouse in the togetherness of us three women in Assisi. Furthermore Assisi is called "Città della Pace" because of this little man, named Francis of Assisi who in the time of the crusades in the year 1219 met the Sultan Al-Kamil in Egypt with whom Christianity was at war. San Francis had crossed the lines of war, just following his heart, his longing for Peace. He chose peace and dialogue instead of the current doctrine of fighting, conquering and warfare. Although this one powerful and brave gesture did not end the slaughtering in 1219, it inspired many others throughout the centuries. It was like a Ray of Light from the Divine, that showed humankind what else is possible if we listen to our heart.

Be welcome! Join us if you like. With love, Mayadevi, Tal & Solveig